



LILICO'S LUNCHTIME MENU

Where possible all ingredients are locally sourced within the Devon area with Fresh Mussels from Appledore, Artisan bread made locally within the town, to our Spanish ingredients of paella rice from Valencia. We cook as much of our Main and Tapas dishes as possible to order.

SUPPLIERS:

- Oysters and Mussels - Torridge Oysters And Mussels • Artisan Bread - The Gingerbread Man
- Cheese and Meats - HawkrIDGE Dairy Farm • Meats - Grattons • Fruit & Veg - Simmonds • Coffee Beans and Syrups - Youngs
- Ales, Wines and Spirits - St Austell Brewery • Scallops - Coombe Fisheries • Wine Glassware - Dartington Crystal of Torrington

Other suppliers used are Bookers, Ilfracombe Wholesale and Phillip Dennis



Soup Of The Day£4.95
Served with warm bread.
(Contains Dairy, Wheat, Gluten, Celery)

Vegetable Mezze £10.00
Sunblush tomatoes, olives, pitta bread, hummus, cucumber yoghurt, roasted peppers and stuffed vine leaves.
(Contains Wheat, Gluten Dairy)

Meat Platter..... £15.00
Selection of continental meats, shaved manchego and jalapeño cheese, olives, artisan bread and homemade alioli.
(Contains Meat, Dairy, Egg, Mustard, Gluten)

BRUNCH

Kedgeree£7.50
Pan fried smoked haddock with aromatic spices, peas, coconut milk, and rice topped with a poached egg.
(Contains Dairy, Egg, Fish, Nuts)

Spanish Eggs£7.50
Pan fried chorizo sausage with free range eggs, served with toasted bread.
(Contains Wheat, Gluten, Egg, Dairy)

Salmon And Eggs£7.50
Scrambled eggs with smoked salmon served with toasted bread.
(Contains Eggs, Gluten, Fish, Dairy)

Garlic Mushrooms On Toast£6.50
Toasted bread topped with creamy mushrooms.
(Contains Gluten, Seeds, Wheat, Dairy)

OPEN SANDWICHES

All served with tortilla chips, homemade coleslaw and dressed leaves

Peeled Prawns And Avocado£8.50
With homemade mayonnaise.
(Contains Crustaceans, Seeds, Gluten, Nuts, Eggs, Mustard)

Melted Brie And Cranberry£6.50
(Contains Dairy, Seeds, Gluten, Nuts, Mustard, Egg)

Cajun Chicken, Bacon and Avocado£6.95
(Contains Gluten, Seeds, Nuts, Mustard, Egg)

TAPAS OR SIDES...YOUR CHOICE

VEGETABLE TAPAS

Olives £2.95

Mixed Olives With Sun Blush Tomatoes
And Garlic In Olive Oil..... £2.95

Bowl Of Chips £3.95

Sweet Potato Fries..... £4.95

Homemade Hummus With Cucumber Yoghurt .. £5.95
Served with toasted pitta breads and olives.
(Contains Wheat, Gluten, Dairy, Seeds, Nuts)

Artisan Breads With Alioli,
Balsamic And Olive Oil £4.95
(Contains Gluten, Dairy, Mustard, Eggs)

Oven Baked Whole Loaf Of Garlic Bread £4.85

PLEASE ALLOW 10 MINS
Available with cheese at no extra cost.
(Contains Gluten, Dairy, Seeds, Nuts, Wheat)

Roasted New Potatoes Topped With
Spicy Tomato Sauce £4.00
(Contains Celery, Dairy)

House Side Salad..... £4.95
Lettuce, cucumber, tomato, onions, peppers, croutons basil oil and olives.
(Contains Gluten, Nuts Seeds)

Pimentos De Padron £5.00
Small green peppers tossed in olive oil and sprinkled with sea salt.
(Includes the occasional hot pepper)

Breaded Brie (4) £5.75
Served with sweet chilli jam and dressed leaves.
(Contains Gluten, Dairy)

Vegetable Paella £5.95
Cooked with traditional rice from Valencia. (Contains Celery)

SEAFOOD TAPAS

Scallops £7.50
Cooked with chorizo and sweet chilli or garlic butter.
(Contains Meat, Dairy, Molluscs)

Peeled King Prawns In A Sticky Chilli
And Honey Sauce With Peanuts..... £6.85
(Contains Crustaceans, Nuts, Seeds, Dairy)

Deep Fried Calamari
With Sweet Chilli And Honey £5.75
(Contains Wheat, Gluten, Molluscs)

Shell On Mussels..... Small: £6.00 ... Large: £10.00
Cooked in your choice of white wine and garlic cream or chorizo and garlic.
(Contains Meat, Dairy, Molluscs)

Sardines £5.50
Char grilled and drizzled with olive oil and rock salt.
(Contains Fish)

Mixed Seafood..... £5.95
Pan fried with house tomato sauce and a splash of cream.
Contains (Molluscs, Crustaceans, Dairy, Celery)

MEAT TAPAS

Homemade Pork And Beef Meatballs £4.95
With house tomato sauce and cheddar cheese.
(Contains Dairy, Celery)

Serrano Ham Topped
With Shaved Manchego £5.15
(Contains Dairy)

Crispy Chilli Beef..... £5.75
With soured cream and sweet chilli.
(Contains Wheat, Gluten, Dairy)

Char Grilled Cajun Chicken Breast £5.95
With lime and coriander.
(Contains Egg, Mustard, Gluten)

Chicken And Chorizo Paella £5.95
(Contains Celery)

FRESHLY MADE SALADS

All served with seasonal fruit, nuts and egg

Cajun Chicken, Bacon And Avocado..... £10.85
(Contains Eggs, Nuts, Seeds, Mustard, Gluten)

Pan Fried Shell Off King Prawns And Scallops ... £12.50
(Contains Crustaceans, Molluscs, Eggs, Dairy, Nuts, Seeds, Mustard, Gluten)

Roasted Peppers, Vine Leaves
And Char Grilled Haloumi £9.85
(Contains Dairy, Seeds, Nuts, Egg, Mustard, Gluten)

Nachos..... Small: £6.50 ... Large: £9.50

CHOOSE BETWEEN:

- Chicken and Vegetable Chilli
- Beef Chilli
- Vegetable Chilli

Served on tortilla chips with melted cheese guacamole and soured cream.
(Contains Wheat, Gluten, Dairy)

Pan Fried Rump Steak £9.75
With onions and mushrooms served with chips, salad and coleslaw.
(Contains Gluten, Seeds, Nuts, Mustard, Egg)

Lilico's Burger Of The Day £9.85
Served with chips and salad
(Contains Wheat, Gluten, Dairy, Mustard)

BEERS & CIDER

Korev (4.8%) HALF £2.00 ... PINT £4.00

San Miguel (5%) HALF £2.05 ... PINT £4.10

Peroni (5.1%) HALF £2.40 ... PINT £4.80

Estrella Damm (4.6%) HALF £2.20 ... PINT £4.40

Amstel (4.1%) HALF £2.00 ... PINT £3.95

Hophouse 13 (5%) HALF £2.20 ... PINT £4.40

Sam Adams (4.8%) HALF £2.05 ... PINT £4.10

Erdinger (5.3%) HALF £2.25 ... PINT £4.50

Thatchers Gold (4.8%) HALF £2.00 ... PINT £4.00

Heineken (5.0%) HALF £2.05 ... PINT £4.10

Birra Moretti (4.6%) HALF £2.25 ... PINT £4.50

Sagres (5.1%) HALF £2.20 ... PINT £4.40

Real Ale selection changes so please ask for availability.

BOTTLED BEERS & CIDER

Peroni (5.1%) 330ML £3.50

Estrella Damm (4.6%) 330ML £3.50

San Miguel Fresca (4.4%) 330ML £3.50

Bottled Old Mout Fruit Cider (4.0%) ... 500 ML £4.95

We stock a range of Belgian craft beers. Please ask for availability.

SOFT DRINKS

Fruit Fusion £2.20

Orangina £2.10

Bottled Water..... £1.80

Fentimens

Ginger Beer £2.70

Victorian Lemonade..... £2.70

Elderflower Pressé £2.70

We are able to offer a range of dishes from our menu if you are celiac, vegan, vegetarian or have any intolerances. A large percentage of our dishes are made to order so please ask your server for advice.

We also stock gluten free bread and pita. Please note that nuts and seeds are used in the kitchen so we cannot guarantee any of our dishes will be nut free.

Our mayonnaise and coleslaw is made fresh using raw free range eggs.



WHITE WINE

- 01 Sauvignon Blanc, Estampilla de Genio
Central Valley, Chile
Straightforward and easy drinking with plenty of ripe fruits.
(1) 12.5% vol
BTL £15.95 125ML £3.10 175ML £4.30 250ML £5.65
- 02 Verdejo, Esencia de Fontana
Uclés, Spain
Aromatic nose with notes of freshly cut hay, white pepper and fennel. Light-bodied, but with excellent fruit concentration. Slightly mineral with a crisp, dry finish. (2) 12% vol
BTL £15.95 125ML £3.10 175ML £4.30 250ML £5.65
- 03 Pinot Grigio, Rumours
South East Australia
A great example of this Italian grape variety. Vibrant mineral notes with lemony and white peach aromas are preceded by flavours of spice and apple with a delicate freshness adding to a pleasantly dry finish. (2) 12.5% vol
BTL £18.50 125ML £3.60 175ML £4.90 250ML £6.35
- 04 Ermita de San Felices Rioja Blanco,
Bodegas Santalba
Rioja, Spain
A very fruity aroma with sweet overtones resulting from good quality Viura grapes. Well structured, good acidity and a long finish. This wine is highly recommended with seafood. (2) 12.5% vol
BTL £21.50 125ML £4.10 175ML £5.40 250ML £7.65
- 05 Chardonnay, Butterball, Evans And Tate
Western Australia
A full bodied and flavoursome wine. Ripe and intensely flavoured fruit a combination of peach, melon and cashew flavours interwoven with buttery elements and subtle oak. (2) 13% vol
BTL £21.50 125ML £4.10 175ML £5.40 250ML £7.65
- 06 Sauvignon Blanc, Taringi
Marlborough, New Zealand
Distinctive Marlborough aromas leap out of the glass and continue to the palate - gooseberry, nettle, lime and passionfruit. A pleasingly crisp finish leaves you wanting more. (1) 13% vol
BTL £23.50 125ML £4.60 175ML £6.00 250ML £8.10

RED WINE

- 07 Merlot, Estampilla de Genio
Central Valley, Chile
Easy drinking, soft and plummy with a smooth finish. (C) 13% vol
BTL £15.95 125ML £3.10 175ML £4.30 250ML £5.65
- 08 Rioja, Cormoran
Rioja, Spain
Bright cherry red with masses of red berry fruit flavours leading into richer, warmer fruits with a hint of vanilla. Well-balanced, lingering and harmonious. (B) 14% vol
BTL £16.95 125ML £3.30 175ML £4.65 250ML £6.00
- 09 Tempranillo, Esencia de Fontana
Uclés, Spain
Intense aromas of ripe berry fruit and liquorice. Medium-bodied with beautiful balance between fruit concentration, fresh acidity and fine tannins. (B) 14% vol
BTL £15.95 125ML £3.10 175ML £4.30 250ML £5.65
- 10 Malbec, Tamari
Mendoza, Argentina
Soft red fruit notes with elegantly smooth tannins and a lingering finish. A great example of Argentina's hallmark red wine. (C) 12.5% vol
BTL £16.95 125ML £3.30 175ML £4.65 250ML £6.00
- 11 Shiraz, The Big Squeeze, Evans & Tate
Western Australia
As the name would suggest, a big Aussie Shiraz aged in American oak giving a rich, dark cherry and plum palate with black pepper and spice framed by toasty oak. (C) 13.5% vol
BTL £21.50 125ML £4.10 175ML £5.40 250ML £7.65
- 12 Ermita de San Felices Rioja Reserva, Bodegas
Santalba
Rioja, Spain
An amazingly intense and concentrated Rioja with masses of ripe blackberry fruit and a wonderful enriching sweetness. This is a fabulous wine, just beginning to sow its meaty, gamey, leathery development with a finish that lasts forever. (D) 14% vol
BTL £28.00

ROSÉ WINE

- 13 Pinot Grigio Rosato, Tanti Petali, Botter
Italy
Very light and refreshing with a delicate pear-drop fruit. Absolutely bright and fresh, terrifically easy to drink. (1) 12% vol
BTL £15.95 125ML £3.10 175ML £4.30 250ML £5.65
- 14 Zinfandel Blush, Island Fox
Puglia, Italy
This is Italy's take on the ever-popular sweet Zinfandel rosé that California does so well! It is sweet and juicy with fruit salad flavours, a lighter body and lower alcohol. (4) 11% vol
BTL £15.95 125ML £3.10 175ML £4.30 250ML £5.65

SPARKLING WINE & CHAMPAGNE

- 15 Prosecco Frizzante, Bollicine
Italy
This fresh fizz has an intense aroma, with a hint of wisteria blossom. Lovely fruity sensations and a final touch of sweet almond on the palate to delight. (1) 11% vol
BTL £23.50 125ML £4.60
- 16 Raboso Rosé Spumante, Botter
Italy
Dazzling pink fizz that is soft and well-balanced on the palate, with a sherbet cherry touch. (2) 11% vol
BTL £23.50 125ML £4.60
- 17 Ayala Brut Majeur
Champagne, France
An expressive and elegant Champagne with ripe fruit flavours. Fresh and crisp, yet with good body on the palate. (1) 12% vol
BTL £39.50
- 18 Ayala Rosé Brut Majeur
Champagne, France
Pale pink colour, fine mousse, fresh aromas and crisp on the palate. Perfect summer Champagne, full of delicate red fruit flavours. (1) 12% vol
BTL £44.50

Wine Guide

White & Rose wines are designated numbers 1 to 9 with 1 being the driest and 9 being the sweetest.
Red wines are designated letters A to E with A being the lightest and softest
and E being the deepest and fullest with a concentrated flavour.

% Volumes may vary according to availability.

Wines on this list may contain sulphites, egg or milk products.
Please ask a member of staff should you require guidance.

COCKTAILS

- Cosmopolitan £6.25
Simple, Classic and Elegant
(Vodka, Cointreau, Fresh Lime, Cranberry Juice)
- Raspberry & Mint Martini £6.25
Shaken Fruity Freshness
(Raspberries, Mint, Chase Vodka)
- Frozen Daiquiri £6.95
Lilicos Best Selling Cocktail
(White Rum, Cointreau, Fresh Lime, Real Fruit - Kiwi, Strawberries or Blueberries)
- Breakfast Martini £5.95
Packed With a Punch
(Chase Vodka, Chase Marmalade Vodka, Vermouth)
- Kiwi Mojito £6.25
Quintessential Summer Beverage
(White Rum, Kiwi, Fresh Lime, Soda Water)
- Coriander Mojito £6.25
Rich, Exotic, Unique Flavour
(White Rum, Coriander, Fresh Lime, Soda Water)
- English Garden £6.25
Elegant and Delightful
(Raspberries, Lemon Juice, Apple Juice, Chase Vodka, Chase Elderflower Vodka, Crushed Ice)
- Kir Royale £6.50
Simple, Classic, Elegant
(Chambour, Prosecco)
- Long Island Ice Tea £6.95
Seriously Strong, Surprisingly Delicate
(Vodka, Gin, White Rum, Tequila, Triple Sec, Fresh Lime, Ice, Pepsi)
- Fruticosa £5.95
Tastes As Good As It Looks
(Tanqueray Gin, Triple-Sec, Brown Sugar, Blackberry & Elderflower Pimms)
- Sours £5.95
Short drinks with a delicate blend of citrus and sugar
A choice; Whiskey Sour, Amaretto Sour, Hemingway Sour or Lilicos Sour
- Vodka Martini Extra Dry £5.75
Shaken or Stirred
(Chase Vodka, Dry Vermouth, Manzanilla Olive)
- Cucumber & Elderflower Martini £6.25
Our own take on this perfect summer cocktail
(Chase Vodka, Elderflower Liqueur, Fresh Cucumber)
- Margarita £6.25
Frozen or Shaken, Sugar or Salt - You Choose
(Golden Tequila, Cointreau, Fresh Lime)
- Mojito £6.25
A Cuban Masterpiece
(White Rum, Fresh Mint, Fresh Lime, Soda Water)
- Caipirinha £5.65
Brazil's Finest - Strong, Sharp and Sun-kissed
(Brazilian Rum, Fresh Lime, Refined Sugar)
- Caipifruta £6.25
A Tasty Twist on The Caipirinha
(Brazilian Rum, Fresh Berries, Refined Sugar)

SPIRITS

- Smirnoff Black Vodka £2.85
- Chase Vodka £3.25
- Chase Elderflower Vodka £3.25
- Bombay Sapphire Gin £2.85
- Hendrick's Gin £2.95
- Plymouth Gin £2.85
- Woodford Bourbon £3.25
- Maker's Mark Bourbon £2.95
- Bulleit Bourbon £2.85
- Courvoisier Brandy VS £2.95
- Hennessy Brandy £3.25
- Monkey Shoulder Whisky £2.85
- Single Malts FROM £3.05

(The above are a small range of our spirits, please ask for a fuller range.)

